

# Disability Swim Sessions



## Coaching Sessions

Come and take part in a coaching session with a qualified swim coach.

**Venue:** Horfield Leisure Centre

**When:** Wednesday mornings

**Time:** 11am-12pm

**Cost:** £1.90 (disabled users\*)

**Age:** 16+

**Phone:** 0117 903 1643

## Disability Family Swimming

A session for the whole family

**Venue:** Henbury Leisure Centre

**When:** Sunday afternoons

**Time:** 4pm-5pm

**Cost:** £1.85 (disabled users\*)

£3.50 (adult)

(carers/under 16/over 60) swim for free

**Age:** All ages

**Phone:** 0117 353 2555

\* Everyone active card required, please call the centre for information.

Contact Kath Britton for more information on the sessions.

**Mobile:** 07825 315 852

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